

**JANE D. LANIGAN, Ph.D**  
Washington State University Vancouver

**BUSINESS ADDRESS**

Department of Human Development  
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**HOME ADDRESS**

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**EDUCATION**

- Ph.D. Texas Woman's University, Denton, TX, December 2002  
Major: Family Studies  
Dissertation: *The Impact of Home Computers on Family Functioning: An Exploratory Study*  
Major Professor: Lillian Chenoweth, Ph.D.
- M.A. George Washington University, Washington, DC, June 1984  
Major: Early Childhood and Special Education  
Certification: Learning Disabilities and Behavior Disorders
- B.S. The College of William & Mary, Williamsburg, VA, August 1982  
Major: Psychology  
Major: Elementary Education

**EMPLOYMENT HISTORY**

- |  |   |
|--|---|
| Assistant Professor/<br>Extension Specialist | Department of Human Development<br>Washington State University Vancouver<br><u>Appointment:</u> August 2006 - present   |
| Instructor                                   | Department of Human Development<br>Washington State University Vancouver<br><u>Appointment:</u> August 2004-July 2006 (Half time, nine month position responsible for teaching two courses per semester, contribute to the department and university, engage in scholarly and professional activities)<br><u>Adjunct Status:</u> January 2002 – August 2004 (Taught one – two courses per semester) |
| Conference Manager                           | Northwest Parenting and Family Education Conference<br>Washington Extension Parenting Team<br>June 2002 – July 2006<br>Program Committee Co-Chair 2005-present  |
| Instructor                                   | Department of Counseling, Development and Higher Education<br>University of North Texas, Denton, TX<br>Adjunct Status (Part time): January 1999 – December 2000   |

Graduate Teaching Assistant	Department of Family Sciences Texas Woman's University, Denton, TX September – December 1998
Parent Education Consultant	Highland Village, TX Independent Contractor, January 1999 – February 2001 Clients included: Denton Family Resource Center, PTA, North Texas Alliance of Christian Churches
Freelance Writer	Highland Village, TX Self employed, January 1995 - present Portfolio includes over 70 popular press parenting articles in <i>Woman's Day</i> , <i>Parenting</i> , <i>Today's Christian Woman</i> , and <i>Hopscotch</i>
Special Education Teacher	Cobb County Public Schools, Marietta, GA March 1984 – June 1988 (Master teacher, 1986-88) Fairfax County Public Schools, Woodlawn, VA January 1983 – March 1984

## PUBLICATIONS

### Published Journal Articles, Refereed:

- \*Lanigan, J.D. (2010). Family child care providers' perspectives regarding effective professional development and their role in the child care system: A qualitative study. *Early Childhood Education Journal* Doi: 10.1007/s10643-010-0420-2.
- \*Lanigan, J. D. (2010). Preventing childhood Obesity: Evidence Policy and Practice [New Resources for Nutrition Educators] *Journal of Nutrition Education and Behavior*, 43, e3.
- \*Lanigan, J. D. (2009). A Socio-technological framework for family research and intervention: How information and communication technologies affect family life. *Marriage and Family Review*, 45(6), 587-609.
- \*Lanigan, J., Bold, M., & Chenoweth, L. (2009). Computers in the family context: Perceived impact on family time and relationships. [Electronic version] *Family Science Review*, 14(1), 16-32.
- \*Lanigan, J. D. & Power, T., G. (2008). Obesity Prevention and Health Promotion: How Parent and Family Life Educators View their Role. [Electronic version] *Journal of Extension*, 46(6).
- \*Lanigan, J. & Peterson, K. (2006). Building leadership capacity of family home child care providers. *Journal of Family and Consumer Science*, 98(1), 70-74.
- \*Lanigan, J. D.(2008). The Human Service Internship Portfolio: Benefits for Student Interns and Supervising Faculty. *Human Service Education*. 27(1), 100-109.
- \*Colvin, J. & Lanigan, J. (2005). Ethical issues and best practice considerations for Internet research. *Journal of Family and Consumer Science*, 97(3), 34-39.
- \*Lanigan, J. D. (2000). Factors that influence the decision to attend parent education classes. *Texas Association of Family and Consumer Science Research Journal*, 6, 23-2

### Evaluation Reports and Other Publications:

- \*Lanigan, J., & Reyes, C. (2010). *ENHANCE: Final Program Evaluation*. Report prepared for Educational Opportunities for Children and Families and NW Health Foundation.
- \*Lanigan, J. (2009). *Clark County Child Care Provider Network Year Final Evaluation*. Report prepared for ESD 112, Foundation for Early Learning and United Way.
- \*Lanigan, J. (2008). *Clark County Child Care Provider Network Year2 Evaluation*. Report prepared for ESD 112, Foundation for Early Learning and United Way.
- \*Lanigan J. (2008). *Born Learning Clark County Three-Year Evaluation*. Report prepared for ESD 112 and Born Learning Washington.
- \*Lanigan, J. (2007). *Clark County Child Care Provider Network Year 1 Evaluation*. Report prepared for ESD 112, Foundation for Early Learning and United Way.
- \*Lanigan, J. D. (2006, Fall). Engaging child care providers in early identification and intervention efforts. *NCFR Reporter*.
- \*Lanigan, J. (2006). *Internship: A Guide for Site Supervisors*.

### Journal Articles in Press

- \*Lanigan, J. D. (2010). The substance and sources of young children's healthy eating and physical activity knowledge: Implications for obesity prevention efforts. *Child: Care, Health & Development*.
- Sano, Y., Smith, S., & Lanigan, J. (2010). Predicting *presence* and *level* of nonresident fathers' involvement in infants' lives: Mothers' perspective. *Journal of Divorce and Remarriage*.

### Journal Articles Under Review

- \*Lanigan, J. D. The Relationship between Practices and Child Care Providers' Attitudes Related to Child Feeding and Obesity Prevention. Submitted on 10/30/2010 to the *Journal of Nutrition Education and Behavior*
- \*Lanigan, J. D. Family child care provider professional development: The effect on parental perception of quality. Submitted on 9/15/2010 to *Early Childhood Research and Practice*..

### Journal Articles in Progress

- \*Blodgett, C., & Lanigan, J. D. Intimate partner violence: It is a workplace issue. To be submitted to *Journal of Interpersonal Violence*.
- \*Lanigan, J. D., & Blodett, C. Intimate partner violence intrusion into the workplace: Effect on co-workers.
- \*Lanigan, J. D. Improving physical activity practices in child care environments: Barriers and facilitating factors.
- \*Lanigan, J. D. ENcouraging Healthy Activity and Nutrition in Childcare Environments: Evaluation of a Pilot Project. To be submitted to *Early Childhood Research Quarterly*.

## PRESENTATIONS

### Refereed Presentations at National and International Conferences

- \*Lanigan, J. D. (2010, November). Modifying Attitudes and Practices in Child Care to Support Healthy Child Weight. National Council on Family Relations Annual Conference. Minneapolis, MN
- Lanigan, J. D. (2010, June). Program Model for Encouraging Healthy Activity and Nutrition in Childcare Environments. National Head Start Research Conference. Washington, DC.
- Smith, S., & Lanigan, J. D. (2010, June) Benefits of Engaging Young Children with the Natural Environment. Groves Conference. Seattle, WA.
- \*Lanigan, J. D. (2009, November) Delivering parent education and support through early learning and care settings. National Council on Family Relations Annual conference. San Francisco, CA
- \*Lanigan, J. D. (2009, October) Delivering parent education and support through child care. National Organization for Human Services Conference, Portland, OR
- \*Lanigan, J. D., & Reyes, C. (2009, September) Shaping children's healthy eating practices. CACFP/The Sponsoring Authority Annual Conference, Bellevue, WA.
- \*Lanigan, J. D., & Reyes, C. (2009, June) ENHANCE: Encouraging Healthy Activity and Nutrition in Childcare Environments, National Childhood Obesity Prevention Conference, Los Angeles, CA
- \*Lanigan, J. D. (2008, November) Encouraging healthy eating and activity in child care: Promising practices and barriers. National Council on Family Relations Conference. Little Rock, AK.
- \*Lanigan, J. D., & Betz, D. (2008, May) Creating Contexts for Healthy Eating and Activity Among Young Children: Child Care Focus. CYFAR Conference. San Antonio, TX.
- \*Betz, D., & Lanigan, J. D. (2008, May) Creating Contexts for Healthy Eating and Activity Among Young Children: Family Focus. CYFAR Conference. San Antonio, TX.
- \*Lanigan, J. D. (2007, November) Benefits of portfolio assessment for internships. National Council on Family Relations Conference. Pittsburg, PA.
- Lanigan, J. D., Power, T. G., Betz, D., Overath, R., Butkus, S., Broughton, S., Parker, L. (2007, August) Parenting educators' perspectives on health promotion activities in Washington State. National Extension Family Life Specialist Conference, Atlanta, GA.
- Lanigan, J. D., Power, T. G., Betz, D., Overath, R., Butkus, S., Broughton, S., Parker, L. (2007, April) Parenting educators' perspectives on health promotion activities in Washington State. Priester National Extension Health Conference, Kansas City, MO.
- \*Lanigan, J.D., & Betz, Drew (2007, January) Foodparenting: A workshop to help parenting educators address family food issues. California Childhood Obesity Conference, Anaheim, CA.
- \*Lanigan, J, Bold, M., & Chenoweth, L. (2006, November) Understanding how information and communication technologies affect family life: A framework for research and intervention. National Council on Family

Relations, Minneapolis, MN.

\*Smith, S., & Lanigan, J. (2005, November). Two Family Scientists are Better than One: Co-teaching Family Courses. National Council on Family Relations, Phoenix, AZ.

\*Lanigan, J., Bold, M., & Chenoweth, L. (2004, November) Computer Impact on Family Relations: A Model. National Council on Family Relations, Orlando, FL.

\*Lanigan, J., Bold, M., & Chenoweth, L. (2003, November) The Potential for Home Computers to Impact the Marital Relationship. National Council on Family Relations, Vancouver, British Columbia.

#### Refereed Presentations at Regional, State or Local Meetings

\*Lanigan, J. D. (2010, May). ENHANCE: Creating Contexts for Healthy Eating and Activity for Young Children IEEC. Tacoma, WA.

\*Lanigan, J. D. (2010, May). The Relationship between Attitude and Obesity Prevention Practices among Early Learning Professionals. Washington State University President's Summit on Early Learning. Seattle, WA.

\*Lanigan, J. D., (2010, March) Finding and Evaluating Parenting Education Resources Online. NW Parenting and Family Education Conference. Vancouver, WA..

\*Lanigan, J. D. (2010, February). ENHANCE: A Pilot Project. Head Start Region X conference. Portland, OR.

\*Lanigan, J. D. , & Reyes, C. (2010, February). ENHANCE: Creating Contexts for Healthy Eating and Activity for Young Children. Ft. Warden Early Childhood Conference. Port Angeles, WA.

\*Lanigan, J. D., & Reyes, C. (2009, October accepted, but cancelled) ENHANCE: Shaping children's healthy eating habits. Washington Association for the Education of Young Children conference. Bellevue, WA.

\*Reyes, C., & Lanigan, J. D. (2009, October ) ENHANCE: Move more. Washington Association for the Education of Young Children conference. Bellevue, WA.

\*Lanigan, J. D., & Reyes, C. (2008, October) ENHANCE: Shaping healthy habits. Washington Association for the Education of Young Children conference. Tacoma, WA.

\*Broughton, S., Overath, R., & Lanigan J. D. (2007, March) Helping families incorporate healthy lifestyle practices: What is the role of parent educators? NW Parenting and Family Education Conference, Vancouver, WA

\*Bowman, S., Lanigan, J., & Rennekamp, D (2007, March). Extension and other online resources for parent educators. NW Parenting and Family Education Conference, Vancouver, WA.

\*Lanigan, J. (2005, March) Grief Issues in Kinship Care Families. 11<sup>th</sup> Annual Conference for Parenting Education, Spokane, WA.

\*Lanigan, J. (2003, October) The Good, the Bad and the Ugly: Media and Children. Washington Association for the Education of Young Children, Bellevue, WA

\*Lanigan, J. (2002, March) The Impact of Technology on Families. 8<sup>th</sup> Annual Northwest Regional Parenting Conference, Vancouver, WA

- \*Lanigan, J. (2000, February) Factors That Influence the Decision to Attend Parent Education. The University of North Texas Parent Education Conference, Denton, TX.
- \*Lanigan, J. & Cashen, D. (1999, February) Parenting 911 – Stop Rescuing and Start Teaching. The University of North Texas Parent Education Conference, Denton, TX.

### Extension and Community Trainings

WSU Extension Webinar: Early Childhood Obesity Prevention in Child Care Environments: Lessons from ENHANCE. October 2010.

Regional Training: *Parenting the 2<sup>nd</sup> Time Around* for kinship care support personnel sponsored by WA State DSHS/ Adult, Aging and Disability Services Administration. Olympia, WA. February 2010.

Regional Training: *Parenting the 2<sup>nd</sup> Time Around* for kinship care support personnel sponsored by WA State DSHS/ Adult, Aging and Disability Services Administration. Bellingham, WA. May 2009.

Community Training: ENHANCE Wellness Retreat for child care providers participating in the ENHANCE project. April 8, 2009.

Regional Training: *Parenting the 2<sup>nd</sup> Time Around* for kinship care support personnel sponsored by WA State DSHS/ Adult, Aging and Disability Services Administration. La Push, WA. May 28-29, 2008.

Community Training: ENHANCE Wellness Retreat for child care providers participating in the ENHANCE project. April 11, 2008.

Regional Training: *Parenting the 2<sup>nd</sup> Time Around* for kinship care support personnel sponsored by WA State DSHS/ Adult, Aging and Disability Services Administration. Tulalip, WA. October 26-27, 2006.

Regional Training: *Parenting the 2<sup>nd</sup> Time Around* for kinship care support personnel sponsored by WA State DSHS/ Adult, Aging and Disability Services Administration. Olympia, WA. October 19-20, 2005.

Regional Training: *Parenting the 2<sup>nd</sup> Time Around* for kinship care support personnel sponsored by WA State DSHS/ Adult, Aging and Disability Services Administration. Federal Way, WA. June 9-10, 2004.

Statewide Training: *Helping Children: Supporting Kinship Families Through Collaboration* for DSHS/Adult, Aging and Disability Services Administration. Vancouver, WA June 7, 2006.

Statewide Training: *Parenting the 2<sup>nd</sup> Time Around* for Head Start/ECEAP Summer Training Institute, Ellensburg, WA. June 23-25, 2004.

Local Training: *The Good, the Bad and the Ugly: What Parents Should Know about Media in the Home.* for Three Creeks Library, April 13, 2006.

Local Training: *Cultural Perspectives on Parenting* for community professionals sponsored by the Washington Extension Parenting Team, October 23 and November 13, 2003.

Local Training: *Media and Children* for parents sponsored by Evergreen School District, March 24, 2003.

## GRANTS

### Funded Grants

AFRI grant.(2010). Promoting the Self-Regulation of Energy Intake in African American and Latino Preschoolers: A Family Focused Obesity Prevention Program. (Sheryl Hughes as P.I.; Tom Power as WSU subcontractor; Jane Lanigan as Co-Investigator)

US Department of Justice, Office of Juvenile Justice and Delinquency Prevention (2010). Prevention of Child Maltreatment through Trauma Informed Care in Early Learning. \$249,783; first installment of an anticipated \$1 million award. (Chris Blodgett as P.I.; Jane Lanigan as Co-investigator).

NW Health Foundation Kaiser Community Fund, Portland, OR (2007-2010). Grant to support needs assessment and research related to healthy eating and activity in early learning environments. \$48,000 (EOCF as recipient; Jane Lanigan as subcontractor for Research and Assessment).

Southwest Washington Independent Forward Thrust, Vancouver, WA (2004) Grant to support community involvement in *Spank Out* event and create brochure entitled *The Case Against Spanking*. \$900 (WSU Foundation as recipient; Jane Lanigan as P.I.)

Foundation for Early Learning, Seattle, WA (2003) Implementation grant for SELF Collaboration \$186,000 (WSU Foundation as recipient; Karen Peterson as P.I.; Jane Lanigan as participant)

### Unfunded Grants

AFRI grant. Nutrition and Media Literacy Intervention for Parents of Preschool Children. (Erica Weintraub Austin as P.I.; Jane Lanigan as Co-Investigator).

Department of Early Learning (2009). Child Care Subsidy Training Grant \$236, 500 (Jane Lanigan and Michael Gaffney as co-PI)

Robert Wood Johnson Foundation (2009) LOI Healthy Kids Healthy Communities \$356,377 (Shirley Broughton as PI, Jane Lanigan, Bick Hang and Sandra Brown as co-PI).

Comprehensive Health Foundation (2008) SEED grant. ENcouraging Healthy Activity and Nutrition in Childcare Environments (ENHANCE) Health Kits. \$16,560.00; Christina Reyes and Jane Lanigan as P.I.

U. S. Department of Health and Human Services (2004) Training for Childcare Providers: A Research Initiative to Validate Effects (THRIVE) \$337,688 (Karen Peterson and Jane Lanigan as P.I.)

## SERVICE ACTIVITIES

Washington State University Vancouver

### University Committees

2009-present	Community Engaged Scholarship Task Force
2009-present	Department Representative to E-Learning Committee
2005-2009	Department Representative to General Education Advisory Board
2005-2007	Lower Division Assessment Committee

### Department Committees/Activities

2007-present Benchmark and Assessment committee  
2005-present Internship Coordinator  
2004-present WSUV Marketing committee  
2006-2007 Undergraduate Curriculum Committee

### Extension Committees

2008-present CYFERnet Editorial Board  
2004-present Washington Extension Parenting Team  
2006-present National Better Kid Care eXtension Leadership Group  
2007-present Statewide Health Promotion and Obesity Prevention Committee  
2007 National Planning Committee for the Extension Family Life Specialist Conference  
2005 Search Committee for Extension Meeting Management Planning Services

### Community Involvement and memberships

2010 – present Washington Obesity Prevention Coalition – Child Care Workgroup  
2007 – present Washington Council for Children and Families – Program Committee  
2004 - present SELF  
2006 – 2008 SW Washington Kinship Coalition  
2005 – 2007 YWCA  
2005 – present SHARE

## PROFESSIONAL ORGANIZATIONS

American Evaluation Association  
National Council on Family Relations

- Families and Technology Focus Group Co-chair 2006-2008
- NW Council on Family Relations – President 2006-2008

Kappa Omicron Nu – Faculty Advisor 2006 – present  
National Organization for Human Services

## INSTRUCTION

### Courses Taught

Washington State University Vancouver

HD 302 Parent/Child Relations  
HD 304 Intimate Relationships  
HD 310 Research Approaches to Human Development  
HD 406 Work and Family  
HD 495 Internship Practicum  
HD 498 Field Placement  
HD 499 Special Problems  
HD 586 Special Topics in Human Development  
HD 595 Graduate Field Placement  
T&L 301 Learning and Development

University of North Texas

DFEC 2033 Parenting in Diverse Families

Undergraduate Advisees

2010	26
2009	25
2008	23
2007	20
2006	20

Internship Advisees

2010	67
2009	63
2008	56
2007	58
2006	74
2005	90
2004	91